

## About IT Carlow Presidents' Volunteer Award

The IT Carlow President's Volunteer Award has been established in association with UNUM and Carlow Volunteer Centre to harness, acknowledge and support the contribution that students at the Institute make to their communities whether on campus and its environs or within their own local community, or overseas.

The main aims of the awards are:

- To develop active citizenship and civic engagement amongst the student population.
- To create joint projects with our volunteer communities.
- To support the contribution that our student volunteers make to our communities.
- To create civic and leadership skills amongst students.

The most important requirement for the award is that you show a commitment to volunteering work. For students in Carlow, the Carlow Volunteer Centre can help you to find a volunteering role that will suit your talents interests and availability. See [www.volunteercarlow.ie](http://www.volunteercarlow.ie) for information on over 200 Voluntary organisations and the voluntary roles you may be able to take up. Students in Wexford can find information about local volunteering opportunities at [www.wexfordvolunteer.ie](http://www.wexfordvolunteer.ie). However you are not limited to these opportunities. You decide.

### Please note:

IT Carlow recognises volunteering work for the current academic year.

The awards are given to students who have completed a portfolio and have their volunteering hours signed off by the voluntary organisation.

Each academic year you have the opportunity to earn a bronze, silver or gold award depending on hours volunteered.

## Applying for the ITC Volunteer Award

|                |                          |
|----------------|--------------------------|
| <b>BRONZE:</b> | 20 hours of volunteering |
| <b>SILVER:</b> | 40 hours of volunteering |
| <b>GOLD:</b>   | 60 hours of volunteering |

Register your intention to volunteer and the organisation(s) with which you are volunteering by completing the application form by January 31<sup>st</sup> and submitting it to Student Services. On approval of your application you will receive your Portfolio log book in which you record the hours and a brief description of the voluntary work.

Completed portfolios will be reviewed and validated by the Volunteer Award Selection Committee prior to receipt of the appropriate award.

# President's Volunteer Award Institute of Technology Carlow

## Application Form

### Personal Details

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Student No. \_\_\_\_\_

Course: \_\_\_\_\_ Year of Studies: \_\_\_\_\_ Email \_\_\_\_\_

### Voluntary Organisation

Name(s) of organisation(s): \_\_\_\_\_

Name(s) of contact person(s)/Supervisor(s): \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Give a short description of the voluntary work you hope to engage with in this organisation \_\_\_\_\_

Level of award you are applying for  
Please tick appropriate box

Bronze  
(20 hours)

Silver  
(40 hours)

Gold  
(60 hours)

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